# **About The Presenter**

**Shelley Whalen** - Since 1988 Shelley has been the Executive Director of Community Mediation Services of Central Ohio (CMS), one of the largest conflict management resource centers in Ohio. During her tenure at CMS Shelley has successfully mediated hundreds of disputes, including extremely complex cases involving government officials, Fortune 500 companies, entire neighborhoods and school districts. She was one of the original members of the Franklin County Domestic Relations Court Mediation Program Development Task Force and is a former President of the Ohio Mediation Association.

Community Mediation Services of Central Ohio

67 Jefferson Avenue Columbus, OH 43215

Phone (614) 228-7191 Fax (614) 228-7213

www.CommunityMediation.com info@communitymediation.com



# Community Mediation Services of Central Ohio & The Columbus Bar Association present

# 2022 Offerings

#### 2 Day Basic Mediation Training

March 16<sup>th</sup>/17<sup>th</sup> June 15<sup>th</sup>/16<sup>th</sup> September 7<sup>th</sup>/8<sup>th</sup> November 16<sup>th</sup>/17<sup>th</sup>

#### **1 Day Conflict Resolution Training**

April 14<sup>th</sup> September 22<sup>nd</sup> December 8<sup>th</sup>

#### 1 Day Confilct Resolution for Property Mgrs.

May 19<sup>th</sup> August 18<sup>th</sup> October 13<sup>th</sup>

#### **Eviction Prevention for Professionals**

March 31<sup>st</sup> June 30<sup>th</sup> October 27<sup>th</sup>

# Helping People Build Solutions



Throughout the country a new awareness has emerged that the courthouse is not the best or only place for people to go for help when they are in conflict. Individuals, families and organizations involved in disputes are now turning to mediation as an alternative to the adversarial legal process.

Ohio courts are frequently referring disputing parties to mediation as a less expensive and less time-consuming alternative to litigation.

As more individuals and organizations are becoming aware of the advantages of mediation, many professionals are recognizing the benefits of expanding their career base to include conflict resolution services such as mediation.

# About CMS

In addition to its open-to-the-public training classes, Community Mediation Services of Central Ohio currently offers:

- Conflict Coaching Services to individuals and organizations
- Presentations suitable for professional conferences
- CUSTOMIZED training classes for private and public organizations who want to equip their leadership with the skills they need to effectively resolve their own day to day disagreements as well as help facilitate the peaceful/respectful resolution of conflict between others

CMS' customized classes may now be provided **online** days, evenings or weekends.

Discounts are available for groups.

For more information contact:

Shelley Whalen | 614 228-7191 ex 14 swhalen@communitymediation.com www.communitymediation.com

# What you will learn

# 2-Day Basic Mediation Training

- How to help disputants resolve a broad range of conflicts, including those occurring in the family, workplace and community
- Criteria/strategies for determining whether mediation is appropriate for particular cases/ disputants
- How to effectively prepare disputants to meaningfully participate in mediation
- The origins and dynamics of conflict
- The three critical pieces of information about a dispute a mediator must identify in order to facilitate the resolution of any conflict
- The seven stages of the mediation process and how to guide disputants through each stage
- Mediator ethics
- How to help disputants effectively manage their emotions during mediation

How to draft disputants' agreements

#### Cost: \$395

For-fee mediator certification testing now available. For more info contact: Shelley Whalen, 614-228-7191 ext. 14.

# **1-Day Conflict Resolution Training**

- How to peacefully and respectfully resolve personal and professional disputes in which you are involved
- How to successfully resolve disputes with clients, employees, supervisors, coworkers, vendors, family members, and neighbors
- How to resolve conflict using a "needs" rather than a "rights" based approach
- How using five different conflict resolution approaches will impact your future relationships with others
- Tips for choosing the right conflict resolution approach for each dispute situation
- Three critical pieces of information you must always get from the other party in order to successfully resolve your dispute
- How to find a solution to your conflicts with others that will satisfy both you and the other party

Cost: \$195

# 1-Day Conflict Resolution Training for Property Owners/Managers

- How to successfully resolve conflicts with residents while retaining good tenants
- How to de-escalate volatile conflict interactions with residents
- How to manage difficult emotions during conflict with residents, yours and theirs'
- How to help tenants experiencing financial difficulties avoid unnecessary mistakes that cost them their homes and you your profits
- How to help employees better understand and manage the eviction process
- How to help residents-in-need access critical community resources

Cost: \$195

# Half-Day Eviction Prevention Workshop

- Critical training for those who want to help tenants maintain stable housing
- How best to help tenants before, during and after they may become at-risk of involvement in an eviction proceeding
- How tenants can avoid the top 10 mistakes that often lead to eviction
- How to link tenants in need to a host of community resources that are available in Central Ohio to help during a sudden/shortterm housing crisis
- How tenants with past evictions or less than perfect credit can access decent housing, even in today's housing market

### Cost: \$85

A significant discount is available for organizations that wish to provide the Eviction Prevention Educational Workshop for a group. For more information contact: Shelley Whalen, 614 228-7191 ext.14

# **Continuing Education Credit**

#### Lawyers

Basic Mediation Training: 16 hrs CLE Conflict Resolution: 7 hrs CLE Eviction Prevention Workshop: 3.25 hrs CLE

# Social Workers, Counselors, and

Marriage and Family Therapists Basic Mediation Training: 16 clock hrs Conflict Resolution: 7 clock hrs Eviction Prevention Workshop: 3.25 clock hrs

#### Nurses

Ohio Board of Nursing accepts CEU's approved for Counselors, Social Workers & Marriage and Family Therapists for CNE for RN's and LPN's.

#### Educators

Basic Mediation Training: 1.6 CEUs Conflict Resolution: 0.7 CEUs Eviction Prevention Workshop: 0.325 CEUs

#### **Chemical Dependency Professionals**

Basic Mediation Training: 16 hrs (RCHs) Conflict Resolution: 7 hours (RCHs) Eviction Prevention Workshop: 3.25 hrs (RCHs)

#### **Psychologists (Ohio Psychological Association)**

Basic Mediation Training: 16 hrs Conflict Resolution: 7 hrs

#### Human Resources Professionals

(HR Certification Institute) Basic Mediation Training: 16 recertification hrs Conflict Resolution Training: 7 recertification hrs

### Daily Schedule:

2-Day Basic Mediation-8:30 a.m. to 6:00 p.m.

1-Day Conflict Resolution-8:30 a.m. to 5 p.m.;

Half-Day Eviction Prevention - 8:30 a.m. to Noon.

**Training Location:** Due to the Covid-19 Pandemic, until further notice, all training sessions will be conducted online through Zoom. After you have registered for a course, you will receive an email message with a Zoom link to the training and information on how to create a login account and access training materials. **Refunds:** All refunds are subject to a **\$40.00** administrative charge and must be requested

a minimum of 3 business days prior to training. Fees for registrants canceling less than three working days in advance are non-refundable but may be applied toward a future CMS training for up to 1 year. For more information or to register go to www.communitymediation.com or call CMS at 614 228-7191, ex 10.

# **COMMUNITY MEDIATION SERVICES TRAINING REGISTRATION FORM**

# **PLEASE REGISTER ME FOR:**

PLEASE REGISTER ME FOR:		Name (Please Print)
2 Day Basic Mediation Training - Cost: \$395		Business Name
□ March 16 <sup>th</sup> & 17 <sup>th</sup> , 2022	\$	
□ June 15 <sup>th</sup> & 16 <sup>th</sup> , 2022	\$	Business Address
□ September 7 <sup>th</sup> & 8 <sup>th</sup> , 2022	\$	City
□ November 16 <sup>th</sup> & 17 <sup>th</sup> , 2022	\$	StateZip
1-Day Conflict Resolution Training - Cost: \$195		
□ April 14 <sup>th</sup> , 2022	\$	Work Phone ()
□ September 22 <sup>nd</sup> , 2022	\$	Mobile Phone ()
□ December 8 <sup>th</sup> , 2022	\$	
<b>1-Day Conflict Resolution Training</b>		Fax ()
for Property Owners/Managers - Cost: \$195		E-mail
□ May 19 <sup>th</sup> , 2022	\$	Please check your occupation/speciality:
□ August 18 <sup>th</sup> , 2022	\$	Chemical Dependency Professional
□ October 13 <sup>th</sup> , 2022	\$	Counselor,
Eviction Prevention for Professionals - Cost: \$85		□ Social Worker
□ March 31 <sup>st</sup> , 2022	\$	Marriage and Family Therapist
□ June 30 <sup>th</sup> , 2022	\$	Educator
□ October 27 <sup>th</sup> , 2022	\$	Human Resources Professional
	*	Legal Professional
TOTAL AMOUNT ENCLOSED	\$	Nursing/Medical Professional
		Psychologist
		Public Relations Professional
Please complete this registration form (on your computer or by hand) and either fax it to 614-228-7213 or send it by mail to:		□ Other
Community Mediation Services of Central Ohio		Please indicate type of payment (Make checks payable to CMS)
67 Jefferson Avenue Columbus, Ohio 43215		🗆 Check 🔲 VISA 🖾 Master Card 🖾 Discover 🗖 American Express
		Credit Card Account #
For more info/special needs call CMS: (614) 228-7191, ex 14		Expiration Date/
Advance registration and payment required.		Signature
Online registration available at: www.comm	nunitymediation.com	·